



# F.I.A.M.C. BIO-MEDICAL ETHICS CENTER

IN COLLABORATION WITH  
COLLEGE OF SOCIAL WORK [AUTONOMOUS] NIRMALA NIKETAN



**CERTIFICATE COURSE IN  
HEALTHCARE ETHICS  
2025-26**

## **F.I.A.M.C. BIO-MEDICAL ETHICS CENTRE**

RECOGNIZED AS A RESEARCH INSTITUTE BY THE SCIENTIFIC AND INDUSTRIAL  
RESEARCH ORGANISATION (SIRO) NEW DELHI

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**CERTIFICATE COURSE IN  
HEALTHCARE ETHICS  
2025-26**

# CONTENTS

## INTRODUCTION

- 03** *About the Course*
- 05** *Message from The Cardinal*
- 06** *Message from the Principal* College of Social Work – Nirmala Niketan

## OUR MODULES

- 07** *Introduction to the Fundamentals and Foundation Pillars of Ethics*
- 08** *Ethical Concerns in the Beginning of Life*
- 09** *Family & Marital Issues / Ethical Concerns*
- 10** *Ethical Issues in Human Organ Donation and Transplantation*
- 11** *Ethical Issues in Handling Mental Health Issues and other Behaviors*
- 12** *Ethical Issues in Management of the Acutely ill ICU patients*
- 13** *Ethical Issues Arising in Surgical and Cancer Care*
- 14** *Building the Doctor-Patient Relationship and Trust in Other Interactions*
- 15** *Ethical Concerns at the End of Life & Palliative Care*

## REGISTRATION

- 16** *Registrations & Important Information*
- 17** *Board of Trustees*



# CERTIFICATE COURSE IN HEALTHCARE ETHICS 2025-26

**F.I.A.M.C BIO-MEDICAL ETHICS CENTRE & COLLEGE OF SOCIAL WORK NIRMALA NIKETAN**

**(ONLINE COURSE FOR 9 SUNDAY MORNINGS, WITH HOME STUDY,  
ASSIGNMENTS, PROJECTS & GROUP CASE STUDIES)**

*This course is intended for healthcare professionals, religious individuals, laypersons, social workers, psychologists, counselors, and other healthcare providers, as well as caregivers of patients and all those who are dedicated to serving humanity and contributing to a more ethical and humane society. The course has been highly successful since its inception in 2004, and it continues to excel as of 2023. Students have acquired vast knowledge in ethics through this program.*

*The Centre is recognised by SIRO (Scientific and Industrial Research Organisation, New Delhi) as a research institution. Students are encouraged to pursue research projects to foster critical thinking and problem-solving skills, both professionally and individually.*

*The course content is designed to empower the students by transferring knowledge and skills, enabling them to study, think, discuss and learn, about the ethical and human rights issues that arise in healthcare provision. It will help students develop a concept of humans dignity under various biomedical and ethical circumstances. The approach to achieving this goal involves encouraging active participation and interaction, including group brainstorming, in person and online discussions, as well as independent study sessions for assignments and individual or group projects. Group presentations and case study discussions will also be included.*

*The objective is to help the participants gain an understanding of the ethical, moral, religious and cultural issues that arise in the context of healthcare provision and biomedical interactions, particularly in relation to human behavior in society, spanning from the "Beginning of Life" to the "End of Life". Throughout this process, participants will learn to evaluate the nature and consequences of available options in the context of crisis and major life event experienced by both caregivers, patients and the healthcare providers. This evaluation will consider the limited and available resources that influence the decisions made in such situations.*

*We aim to achieve these goals with the assistance of experienced and expert faculty members, both national and international, who are drawn from their respective fields of specialization. We also expect the participants to draw on their own experience and knowledge to work towards their own objectives.*

*The course will be consist of 9 modules, with 4 topics in each module. It will typically be conducted on the 3rd Sunday of each month, from morning to noon, spanning 9 months, starting from July 2025 and concluding in March 2026. The course be conducted online and will include both individual and group assignments, projects to be presented, and one individual project to be submitted at the end of course, for evaluation and Certification.*



**DR. NICHOLAS ANTÃO**

Executive Director & Managing Trustee



**ADV. JOAQUIM REIS**

Addl. Managing Trustee



**DR. ANU KANT MITAL**

Trustee & Academic Dean



## REGISTER FOR THIS COURSE | COURSE FEE: RS. 3,000



**REGISTRATION FORM**

[ USE GOOGLE LENS TO ACCESS ]

To register for the Certificate Course in Healthcare Ethics, which is now offered as an online course, please follow these simple steps. First, to access the registration form, scan the provided QR code. Once you've scanned the QR code, you will be directed to the registration form, where you can enter your details and complete the registration process. After registering, you will receive timely notifications and invitations with links to join the online sessions, ensuring you're well-prepared for this educational journey. Please note that course fees are non-refundable, and the fee for this valuable course is Rs. 3000.

To make the payment for the Certificate Course in Bio-Medical Ethics, kindly scan the second QR code provided. This QR code will guide you to the payment gateway, where you can securely complete the transaction. Once the payment is processed, you will receive further instructions and details on accessing the course content and online sessions. We look forward to having you as a participant in this course, and we're here to assist you every step of the way to ensure a seamless registration process.




**UPI PAYMENT LINK**

[ USE UPI APP TO ACCESS ]

*Ethics is the compass that guides us through the challenging terrain of moral decisions, helping us navigate the right path with integrity and conscience.*

## MESSAGE FROM THE CARDINAL



+   
**OSWALD CARDINAL GRACIAS**  
Archbishop of Bombay and Patron  
FIAMC Bio-Medical Ethics Centre



Oswald Cardinal Gracias

**ARCHBISHOP'S HOUSE**  
21, Nathalal Parekh Marg,  
Mumbai - 400 001.  
TEL. : 2202 1093/1193/1293  
FAX : 91-22-2285 3872  
Email : [diocesebombay@gmail.com](mailto:diocesebombay@gmail.com)

*guide people in making correct moral decisions in light of the teachings of the Church. It addresses matters such as abortion, contraception, organ donation, euthanasia, ethics in cancer care and surgeries, ethics in handling addictions and substance abuse, ethical concerns in intensive care situations, and care for the elderly, the mentally ill, and palliative care.*

*I highly recommend this valuable course to anyone who wishes to deepen their medical knowledge on these life issues and study the ethical principles based on the teachings of the Church. It will also be beneficial for those involved in educating children, youth, and young adults, as well as catechists, nurses, medical students, social workers, and individuals from all walks of life who serve others.*

*We are aware of the tremendous advances being made in medical and health sciences, but the benefits of this technology often do not reach the masses. The pandemic has highlighted how our country's healthcare situation needs greater attention. The intrinsic dignity and worth of every person need to be defended.*

*We also need to be aware of the various ethical issues that seriously affect the health of our people, from the first moment of conception until the end of life. With this in mind, the F.I.A.M.C. Bio-Medical Ethics Centre has been offering a nine-month Certificate Course in Healthcare Ethics since 2004. This course aims to*

### F.I.A.M.C. BOARD OF TRUSTEES

**His Eminence, Cardinal Oswald Gracias [Patron]**

Dr. Nicholas A. Antao, Adv. Joaquim Reis,  
Dr. Anukant Mital, Dr. Giselle Paes,  
Dr. Egbert Saldanha, Dr. Avinash De Sousa,  
Dr. Sheryl Senthilnathan, Dr. Susan Sodder,  
Rev. Fr. Stephen Fernandes [Chief Consultant],  
Rev. Fr. Anthony L. Fernandes [Ecclesiastical Advisor]  
Dr. Alaric Aroojis [Chairman, RAB SIRO]  
Michelle Vas [Co-opted Member]  
Anil Sequiera [Co-opted Member]  
Advisors: Dr. Armida Fernandez,  
Dr. Cedric Moraes, Dr. Enid Prabhu  
Dr. Rouen Mascarenhas



# MESSAGE FROM THE PRINCIPAL

## College of Social Work (Autonomous)

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N.A.A.C. Re-ACCREDITED



**DR. LIDWIN DIAS**

Principal | Nirmala Niketan  
College of Social Work  
(Autonomous)

Greetings from the College of Social Work (Autonomous), Nirmala Niketan, a religious institute that has aligned its vision with the spirit of its founders to contribute to the establishment of a new social order in India based on human dignity and social justice. The College of Social Work offers undergraduate (UG), postgraduate (PG), and doctoral programs in social work, along with a variety of short-term programs and add-on courses. Recognizing the commendable service and academic contributions of the college over the past 65 years, the University Grants Commission granted academic autonomy to the college in February 2019 for a period of ten years.

We are delighted to collaborate and co-brand the 'Certificate Course in Bio-Medical Ethics,' which will provide students, professionals, and lifelong learners with the opportunity to study the theory and application of bioethics. Co-branding the course and awarding credits to participants will motivate them to approach the study of bioethics in a formal and systematic manner.

Valuing life from conception to the end of life, where every life is significant, be it a fetus or a senior citizen, this course will address the ethical, moral, religious, and cultural issues that arise in the socio-medical context of human behavior in society. It will also assist participants from various professional fields, such as social workers, psychologists, counselors, healthcare providers, caregivers of patients, religious

individuals, and laypersons dedicated to serving humanity, in developing skills and a deeper understanding of the fundamental principles of bioethics to promote a more humane society. This course is modeled after the Master of Global Ethics Online Program (UNESCO Chair on Bioethics and Human Rights) and aims to empower participants by transferring knowledge and skills to address issues within the ethical and human rights domains. Our students were highly satisfied with the online course last year.

I encourage everyone to benefit from this course, gain the right perspectives and knowledge, and reach out to humanity to assist those facing ethical dilemmas.

## ACADEMIC PROGRAM COMMITTEE

### F.I.A.M.C. Bio-Medical Ethics Centre

Dr. Anu Kant Mital, Dr. Nicholas Antao,  
Dr. Egbert Saldanha

### Nirmala Niketan College of Social Work

Dr. Lidwin Dias, Dr. Sonia Rodrigues  
Coordinator [Logistics]: Ms. Sharon M,  
F.I.A.M.C. Bio Medical Ethics Centre  
Coordinator [Exams]: Dr. Ronald  
Yesudhas, Nirmala Niketan College



# MODULE 1 [20-07-2025]

## INTRODUCTION TO THE FUNDAMENTALS AND FOUNDATION PILLARS OF ETHICS

### INTRODUCTION TO HEALTHCARE ETHICS | DR. NICHOLAS ANTAO

The objective would be to gain sufficient knowledge of basic concepts of Bio-Ethics and ethical as well as moral principles. This is important because the increasing interaction of the People with the Healthcare Services, and the occurrence of more contact flash points of conflicts and differences in viewpoints about the who, why, when, what and how are becoming apparent.

### BASIC CONCEPTS AND FUNDAMENTAL PRINCIPLES OF HEALTHCARE ETHICS | REV. FR. STEPHEN FERNANDES

Objectives would be to learn the Basic tenets underpinning the Concept of Ethics and the fundamentals of the ethical & moral application of Healthcare Sciences and medical procedures. The fundamental pillars of ethical conduct will be stressed. This would include discussions and evaluation of the professional behaviours of medical, pharmaceutical, and genetic scientists and others' roles, in the way they render their services towards humanity.

### CURRENT ISSUES AND CONUNDRUMS IN THE APPLICATION OF THE PRINCIPLES OF HEALTHCARE ETHICS | PROF. RUI NUNES

The objective is to stimulate discussions and thinking with a critical and ethical perspective into the current thoughts and viewpoints of prominent scientists and authors in the biomedical field and the practical application of these in our lives. The rapid advances in the field of biomedical and genomic research have led to major changes in the Health Care services and their delivery, creating major conundrums in terms of ethics and morals.

### CLINICAL RESEARCH AND THE ETHICAL OVERSIGHT SYSTEMS THAT GOVERN HUMAN RESEARCH | PROF. DR. ANU KANT MITAL

This would give a historical perspective from the inhuman studies such as the Tuskegee study(USA) to the Nazi atrocities in the name of human research, and also the recent research in children and pregnant women. It would then go on to study the oversight committees and legal procedures laid down internationally and nationally like the Helsinki Declaration and the ICMR Guideline as well as the DCGI Register of Registration of Research, and the strict procedures for Institutional Research.

I



**DR. NICHOLAS ANTAO**

Consultant Orthopedic Surgeon, Holy Spirit Hospital and Executive Director & Managing Trustee, FBMEC

II



**REV. FR. STEPHEN FERNANDES**

Prof. of Ethics and Morals & Chief Consultant to FBMEC

III



**PROF. RUI NUNES**

Professor of Medical Sociology and Bioethics at the Faculty of Medicine of the University of Porto-Portugal

IV



**PROF. DR. ANU KANT MITAL**

Consultant Psychiatrist and Academic Dean FBMEC

## MODULE 2 [18-08-2024]

### ETHICAL CONCERNS IN THE BEGINNING OF LIFE

#### ETHICS OF REPRODUCTIVE HEALTH AND NATURAL CONCEPTION, TEST TUBE BABIES, IVF, ASSISTED CONCEPTION ETC. | **SR. DR. BEENA MADHAVATH**

*Starting from becoming aware of the process of the natural creation of life, with the knowledge of the normal anatomical, physiological and psychological process this module would go on to explore the ethical & moral aspects of the creation of life, it would then help gain perspectives on mankind's propensity to interfere and intervene, evaluating the different ways of the assisted conceptions and ethical dilemmas subsumed within.*

#### ISSUES RELATED TO THE CONCEPT OF ABORTION IN RELATION TO THE PRE-SELECTION OF THE EMBRYO AND PRE DETERMINATION OF THE GENDER. | **FR. MATTHEW COUTINHO SDB**

*Starting with normal sexual behaviour to the concepts of contraception, the session would help gain a perspective related to the other factors, sex of the embryo as well as sex determination tests followed by abortions. It is our aim to sensitize and create awareness about the changing sex ratios in the world and how they affect the social fabric of a community and in the end the country at large.*

#### ETHICAL ISSUES IN THE CONCEPTS OF SURROGACY AND WOMB TRANSPLANTS | **DR. SUSAN SODDER**

*In this session, we intend that the ideas of conception with birth the maternal bonding and the fetus being part of self-feeling would be evaluated. The ethical and moral points of view in the context of Surrogate mothers and Womb transplants will be discussed & evaluated.*

#### ISSUES RELATED TO FOSTER PARENTING AND ADOPTIONS | **DR. ROUEN MASCARENHAS**

*Here the rights of every child, adolescent sibling biological parent adoptive parent and foster family as well as the ethical issues about adoptions by single parents, and same-sex families would be considered. The relevant laws and practices concerning adoptions in our society and culture will also be discussed.*

I



**SR. DR. BEENA UMI**

Consultant Obstetrician and  
Gynaecologist and Executive Director  
Holy Family Hospital Bandra

II



**FR. MATTHEW COUTINHO SDB**

Prof. Of Theology Studium  
Theologicum Salesianum Jerusalem

III



**DR. SUSAN SODDER**

Consultant Obstetrician &  
Gynaecologist & Medical Director,  
Holy Spirit Hospital and Trustee  
FBMEC

IV



**DR. ROUEN MASCARENHAS**

Consultant Paediatrician &  
Neonatologist Mumbai



## MODULE 3 [31-09-2025]

### FAMILY & MARITAL ISSUES

#### CURRENT ISSUES IN THE CONCEPTS OF MARRIAGE AND PARTNERSHIP OF COUPLES

##### | DR. WILONA ANNUNCIATION

The focus would be on the shift in the role of the Institution of marriage, the cultural rituals and the concept of the roles of the family members. It would help develop a perspective of ethical and moral consequences of cohabitation, live-in partners as well as same-sex couples and the practices of pre-marital and extra-marital sex. The moral and cultural impact of these changes prevalent in the current society will be discussed.

#### MIXED MARRIAGES AND DISPARITY OF CULT UNIONS | DR. FR. K T EMMANUEL

This session will be focused on the importance of the disparity in social rituals, and cultural and religious matters arising out of marriage between people of different faiths, and cultures and within the religion of different sects. In addition to learning about the need for pre-marriage counselling the ethical part of the sanctity and the marriages being a sacrament would be discussed. The participants would be encouraged to discuss and evaluate the effects.

#### ETHICAL ISSUES IN FIRST RESPONSE - SEXUAL HARASSMENT AND ABUSE - THE POCSO ACT | MS. PRAGYA LODHA

There are numerous horror accounts of how victims have been treated by the supposedly first-contact care providers, especially in the first responders to whom the disclosures are made and recorded. The victims often report feeling reliving of the trauma and further distress when interrogated repeatedly. We will discuss the rules and guidelines provided in the new POCSO Act for the ethical and humane approach to them by the first responders, so as not to traumatize them.

#### ETHICAL ISSUES IN FAMILY THERAPY AND MARITAL COUNSELLING

##### | REV. FR. CAJETAN MENEZES

As the times are changing so is the sanctity of the institution of marriage and here the discussion will focus on the ethical issues in the handling of problems in the marriage by counsellors, therapists and the religious. and culture will also be discussed.

I



**DR. WILONA ANNUNCIATION**

Consultant Psychiatrist, Catalyst  
Clinic Thane

II



**Rev. Fr. K. T. EMMANUEL**

Judicial Vicar, Archdiocese of  
Mumbai.

III



**MS. PRAGYA LODHA**

Consultant Psychologist  
Mumbai Program Director &  
Clinical Psychologist -  
MINDS Foundation

IV



**REV. FR. CAJETAN MENEZES**

Counselling Psychologist, Former  
Director of Snehalaya and Director of  
Tripta Foundation



## MODULE 4 [19-10-2025]

### ETHICAL ISSUES IN HUMAN ORGAN DONATION AND TRANSPLANTATION

#### LEGAL ISSUES IN LIVE AND CADAVERIC ORGAN DONATIONS | MS. SUJATA ASHTEKAR

The participants would learn about the specific laws and procedures, governing the transplant of vital organs, as well as strict protocols laid down, to be followed in the permission and distribution of both Live and Cadaveric organ donations. They would also discuss the role of the watchdog oversight committees which help maintain an ethical and just distribution of organs for transplant. There are different laws governing different organs due to the specific nature of each organ.

#### ETHICAL ISSUES IN LIVE AND CADAVERIC ORGAN DONATIONS | DR. SANJAY NAGRAL

The ethical issues in the process of live organs as well as cadaveric donations would be considered in detail including the hidden peer, family, cultural and religious influences on the donors, as well as the morality of unrelated live donations for profit and the consequences. There would be an awareness and sensitization of the need to donate organs after death and also of the ethical & equitable distribution of the same to those waiting. The donation of organs after a loved one does raise many moral and religious concerns.

#### ETHICAL CONCERNS IN STEM CELL THERAPY, CLONING, EMBRYONIC RESEARCH & CRYO STORAGE | DR. PASCOAL CARVALHO

The objectives here would be to sensitize and discuss the recent advances in medical sciences which have major moral and ethical issues, especially in stem cell transplants as well as cloning and organoid therapies which attempt to artificially replicate creation. There also would be a discussion on the issues of the use of discarded embryos for preparing medicines vaccines and research.

#### ETHICAL ISSUES IN BLOOD DONATION AND BONE MARROW DONATIONS | DR. MANISHA KAMAT

The ethical perspective of giving of oneself for the good of others and ethical, medical and other issues arising out of donating blood or bone marrow will be clarified and evaluated here.

I



**MS. SUJATA ASHTEKAR**  
Office- In charge of Zonal Transplant  
Co-ordination Committee

II



**DR. SANJAY NAGRAL**  
Hepatobiliary and Transplant  
Surgeon, Jaslok Hospital

III



**DR. PASCOAL CARVALHO**  
Microbiologist & Immunologist,  
Pontifical Academy for Life, Vatican  
City

IV



**DR. MANISHA KAMAT**  
Head of Blood Bank, Holy Spirit  
Hospital

## MODULE 5 [16-11-2025]

### ETHICAL ISSUES IN HANDLING MENTAL HEALTH ISSUES AND OTHER BEHAVIORS

#### ETHICAL ISSUES AND MANAGEMENT OF PSYCHOACTIVE DRUG ABUSE AND USE IN MEDICINES | DR. SHERYL JOHN SENTHILNATHAN

*Substance addictions are not only by choice but often a disorder and need intervention and treatment. But then is it ethical to intervene in a choice that a person makes? The participants would learn the ethical and other concerns in the management and rehabilitation of such people.*

#### ETHICAL HANDLING OF BEHAVIORAL & PROCESS ADDICTIONS AND RESPONSIBLE NETISM | MS. SONALI PATANKAR

*Often certain behaviors become ingrained and the person needs to be deprogrammed to move on. These behaviours lead to loads of upheavals in the individual's family life and also the socio-cultural environs. The ethical issues will be discussed here mainly from the perspective of whether and when to intervene or not at all.*

#### ETHICAL DILEMMAS IN MANAGING AND REHABILITATION IN DEMENTIA | DR. FABIAN ALMEIDA

*The ethical issues of managing patients with dementia involve all the stakeholders, the patient, the caregivers, the healthcare providers as well and the community. The issues too range from emotional to financial inputs. The discussion we hope would focus on these issues with specific case discussions, and evaluate the issues of dealing with people with Dementia.*

#### ETHICAL CONCERNS OF TREATING THE MENTALLY ILL, WITH & WITHOUT CONSENT | DR. AVINASH DE SOUSA

*With the enactment of the new Mental Health Care Act in 2017, legal issues have come to the fore, but there are still various ethical issues in the treatment of the mentally ill, both with and without their consent, which have concerns not only for the patient and their caregivers but also for the community at large.*

I



**DR. SHERYL JOHN SENTHILNATHAN**  
Consultant Psychiatrist, Holy Spirit  
Hospital and Trustee FBMEC

II



**MS. SONALI PATANKAR**  
Director Responsible Netism

III



**DR. FABIAN ALMEIDA**  
Consulting Psychiatrist, Wellspring  
Counselling Clinic

IV



**DR. AVINASH DE SOUSA**  
Consultant Psychiatrist &  
Psychotherapist, Director & Founder  
Desousa Foundation and Trustee  
FBMEC



## MODULE 6 [21-12-2025]

### ISSUES IN MANAGEMENT OF THE ACUTELY ILL AND ICU PATIENTS

#### ETHICAL CONCERNS IN ICU/CCU/NICU/PICU MANAGEMENT | DR. CONRAD VAS

The core ethical challenge in critical care involves balancing care quantity, quality, and associated costs. End-of-life decisions, like discontinuing assisted ventilation, pose complex ethical dilemmas. Initiating discussions from admission is vital for raising awareness, analyzing bioethical foundations, and ensuring informed decision-making among stakeholders.

#### ISSUES RELATING TO CONTINUITY OF CARE, THERAPEUTIC OBSTINACY AND RATIONALIZED INTENSIVE CARE | DR. NADEEM MOTLEKAR

The conflict of the healthcare provider in certain cases is between his sense of duty as a Professional doctor and his sense of values as a human being. This in itself adds to the conflict with the caregivers & patient's preferences, to avail of certain treatments or not. The current COVID-19 Pandemic has given us all a ringside view of these dilemmas that healthcare workers face. This is the issue to be evaluated here in the context of the needs of the patients and their caregivers.

#### ISSUES CONCERNING THE PRESCRIBING OF MEDICINES, PROCEDURES AND INVESTIGATIONS | DR. EGBERT SALDANHA

This session is intended to cover the intricate balance between the prescriptions, their legibility and the investigations, whether warranted or not and the patient's perceptions about the same. This should help clear the air of doubts that arise due to the insistence of preferred labs and brands of medicines and specific expensive investigations. Also due to the enormous advances in technology, doctors often prescribe expensive and invasive procedures. We will assess the patient's autonomy to consent and to accept the consequences of the same.

#### ISSUES RELATED TO SEXUAL BEHAVIORS & SEXUALLY TRANSMITTED DISEASES AND HIVAIDS | DR. HITESH PATEL

The ethical dilemmas in dealing with the prevention, identification, and also disclosure and treatment of sexually transmitted diseases including pre & post-test counselling would be shared and discussed as would be the ethical issues of confidentiality in life-threatening contagious diseases. The main focus would be on the disclosure of major life-changing diseases like HIV to sexual partners.

I



**DR. CONRAD VAS**

Sr. Consultant Physician, Specialist Critical Care Medicine and Intensivist, Holy Family Hospital Bandra and Raheja Hospital Mahim

II



**DR. NADEEM MOTLEKAR**

Head Critical Medicine and Intensivist, Holy Spirit Hospital

III



**DR. EGBERT SALDANHA**

Consulting Gynaecologist and Obstetrician, Shreeji Hospital and Trustee FBMEC

IV



**DR. HITESH PATEL**

Consultant Physician and HIV Specialist Holy Spirit Hospital



# MODULE 7 [18-01-2026]

## ETHICAL ISSUES ARISING IN SURGICAL AND CANCER CARE

### ETHICAL CONCERNS IN SURGICAL PROCEDURES ABOUT CONSENT

| DR. LALIT KAPOOR

*When faced with major decisions about irreversible surgeries or procedures, often the patients and caregivers differ not only amongst themselves but also with the healthcare providers, sometimes to the detriment of the patient's health. We would be discussing the ethicality of the decision-making process and the responsibility for the outcomes.*

### HEALTHCARE ETHICS IN CANCER CARE

| DR. DALE RODRIGUES

*Major surgeries, chemotherapy and radiation therapies are the procedures for which the decisions taken in cancer care are very serious ones and have great ramifications on outcomes and the quality of life of the survivors and caregivers. The ethicality of the decisions and choices, leading to decision-making behaviours will be evaluated and assessed from an ethical & moral viewpoint.*

### PREVENTATIVE SURGERIES IN CANCER - ETHICAL CONCERNS

| DR. JOSEPH SEQUEIRA

*In light of the technological advances in the field of diagnosis and pathology, as well as genetics, it is possible to predict the vulnerability to serious diseases very early, leading to preventative surgeries gaining acceptance. We would like the participants to consider the ethical aspect of not only the predictive testing but also the elective surgeries that follow.*

### ETHICAL CONCERNS IN THE PROCESSES OF COSMETIC AND RECONSTRUCTIVE SURGERIES

| DR. KALPESH GAJIWALA

*The ethical issues of interfering with what god gave us, for cosmetic reasons or medical reasons, are the topic of discussion here. The participant would gain an ethical perspective of the choices made in this context.*

I



**DR. LALIT KAPOOR**

Consultant General Surgeon & Mg.  
Trustee & Founder of Medico-Legal  
Cell AMC

II



**DR. DALE RODRIGUES**

Cancer Surgeon (Surgical  
Oncologist), Holy Spirit Hospital

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**DR. JOSEPH SEQUEIRA**

Consultant Onco-Surgeon, Holy Spirit  
Hospital

IV



**DR. KALPESH GAJIWALA**

Consultant Plastic and Aesthetic  
(Cosmetic) Surgeon, Holy Family  
Hospital

## MODULE 8 [15-02-2026]

### BUILDING THE DOCTOR-PATIENT RELATIONSHIP AND TRUST IN OTHER INTERACTIONS

#### DEVELOPING TRUST BETWEEN THE HEALTHCARE PROVIDER, PATIENTS & CAREGIVERS [INCLUSIVE OF GENDER DIASPORA ISSUES] | DR. NITIN GHAG

*The medical profession's journey from pedestal to court has been marked by significant shifts. The inclusion in the Consumer Act, media portrayal, negligence cases, and external influences like money, politics, and privatization of medical education have reshaped the doctor-patient relationship. This discussion aims to explore and restore trust in this essential bond.*

#### ISSUES DEALING WITH DECISION-MAKING AND OWNERSHIP OF THE CONSEQUENCES | DR. ROOP GURSAHANI

*In emergency or non-urgent situations, critical decisions must be made – from selecting physicians and procedures to deciding on life support withdrawal. Often falling on inexperienced caregivers, the discussion will focus on the imperative of gaining insight into consequences, weighing alternatives, and taking responsibility for choices at this crucial juncture.*

#### EQUITABLE DISTRIBUTION OF HEALTHCARE RESOURCES CONCERNING LIFE-SAVING EQUIPMENT AND DRUGS | DR. MAREILI DE LOS ROS URIARTE

*80% of the world's population has access to only 20 % of the total funds allotted to the field of healthcare in the world. India ranks low at only 2% of its GDP. As is clear, this session will discuss the issues regarding the ethical use of these valuable resources from doctors, nurses & trained personnel, to drugs, equipment and vaccines. We would look at the vast disparity of availability, accessibility and affordability and seek ethical views on the same.*

#### ETHICAL ISSUES IN PROVIDING HEALTHCARE SERVICES CONCERNING THE VULNERABLE | DR. AVINASH DE SOUSA

*The ethical dilemmas in dealing with the prevention, identification, and also disclosure and treatment of sexually transmitted diseases including pre & post-test counselling would be shared and discussed as would be the ethical issues of confidentiality in life-threatening contagious diseases. The main focus would be on the disclosure of major life-changing diseases like HIV to sexual partners.*

I



**DR. NITIN GHAG**

Consultant Plastic Surgeon & General Surgeon, Holy Spirit Hospital

II



**DR. ROOP GURSAHANI**

Consulting Neurologist at P.D. Hinduja Hospital

III



**DR. MAREILI DE LOS ROS URIARTE**

Professor & Researcher at the Bioethics Faculty at Anahuac University, Mexico

IV



**DR. AVINASH DE SOUSA**

Consultant Psychiatrist & Psychotherapist, Director & Founder Trustee Desousa Foundation and Trustee of FBMEC



## MODULE 9 [15-03-2026]

### END OF LIFE ISSUES & PALLIATIVE CARE INTERACTIONS

#### DO NOT RESUSCITATE (DNR), LIVING WILLS AND HEALTHCARE PROXIES

| **ADV. JOAQUIM REIS**

*DNRs and Living Wills are becoming popular and the participants would be gaining awareness of the current legal status of these in our culture and our country. The ethicality of these documents would be evaluated from the current ethical and moral perspectives of our culture and society.*

#### PALLIATIVE CARE FOR THOSE AT THE END-OF-LIFE STAGES | **DR. MARY ANN MUCKADEN**

*The ethical protocols to be followed by the caregivers and healthcare providers, in issues about the end-of-life stages, are decided on a case-to-case basis. The participants would deliberate on the general ethical principles and moral values that govern and influence decision-making at this juncture of life.*

#### EUTHANASIA- ACTIVE / PASSIVE - CULTURAL & ETHICAL PERSPECTIVES

| **FR. (DR.) ANTHONY L FERNANDES**

*The act of ending life either by commission or by omission, Is it ethical or even legal? The discussion would touch on the legal, ethical, moral and spiritual aspects of euthanasia, as currently considered in our society.*

#### CARE FOR THE ELDERLY AND THE HOMEBOUND – THE CAREGIVER’S BURDEN

| **DR. ARMIDA FERNANDES**

*When the patient is ill, the burden of care is on the caregiver and they have to function within the limits of their capacities and abilities. After the active interventions are exhausted, the decisions on the procedure they choose to utilize for their future rests on the caregivers and the patients. Often at this time, they are individual decisions. We would be discussing the ethical issues in the choices people make in dealing with this burden of care for loved ones, themselves or by proxies. We will discuss how we can help them make peace with their choices, whatever they choose.*

I



**ADV. JOAQUIM REIS**

Sr. Advocate Supreme Court of India,  
and Addl. Mg. Trustee, FBMEC

II



**DR. MARY ANN MUCKADEN**

Prof. Palliative Medicine and  
Radiation Oncologist

III



**FR. (DR.) ANTHONY L FERNANDES**

Professor of Moral Theology,  
St. Plus College

IV



**DR. ARMIDA FERNANDES**

Retd. Prof. & Dean LTMG Hospital  
and Founder & Trustee SNEHA and  
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*PARTICIPANTS ARE REQUIRED TO ADHERE TO ALL THE RULES AND CONDITIONS OF THE COURSE, INCLUDING ATTENDANCE AND ACTIVE PARTICIPATION. IT'S IMPORTANT TO UNDERSTAND THAT IF A PARTICIPANT MISSES ANY MODULE, ASSIGNMENT, OR THE MAIN PROJECT PAPER, THEY WILL BE EVALUATED TO ENSURE THEY HAVE ACQUIRED THE NECESSARY KNOWLEDGE AND SKILLS TO MEET THE COURSE CURRICULUM'S REQUIREMENTS. FAILURE TO SUBMIT ASSIGNMENTS WILL RESULT IN A CERTIFICATION OF ATTENDANCE ONLY. TO RECEIVE A COURSE COMPLETION CERTIFICATE, PARTICIPANTS MUST SUBMIT ALL ASSIGNMENTS.*

*FURTHERMORE, THIS COURSE EMPHASIZES THE PRINCIPLES OF RESPONSIBLE CONDUCT IN RESEARCH AND THE ETHICAL USE OF SCIENCE. PARTICIPANTS ARE EXPECTED TO DEMONSTRATE ETHICAL BEHAVIOR IN ALL ASPECTS OF THE COURSE, INCLUDING ONLINE INTERACTIONS, GROUP DISCUSSIONS, AND PRESENTATIONS. THIS ENSURES THAT THE SCIENTIFIC COMMUNITY UPHOLDS THE HIGHEST ETHICAL STANDARDS AND PRACTICES THROUGHOUT THEIR ACADEMIC JOURNEY.*

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